

Taking Action

Volunteers are making this community a healthier place to live through actions like:

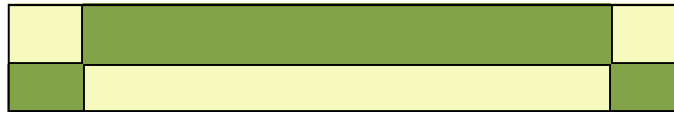
- Making healthier food choices available for children at school.
- Educating community members about Health Equity and how race, income, and health are all intertwined in America.
- Supporting 100% tobacco free policies for many public and private places.
- Encouraging doctors and health care providers to help families prevent a repeat premature birth.
- Enhancing the ability of teachers and community leaders to respond to early warning signs of relationship violence.
- Encouraging schools to establish “idle-free” zones to improve air quality and reduce asthma in children.



Ways to be Involved

Join One of Our Teams:

- Health Equity
- Domestic Violence
- Environmental Health
- Lifestyles/Behaviors
- Reproductive Health



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Forsyth County Healthy Community Coalition

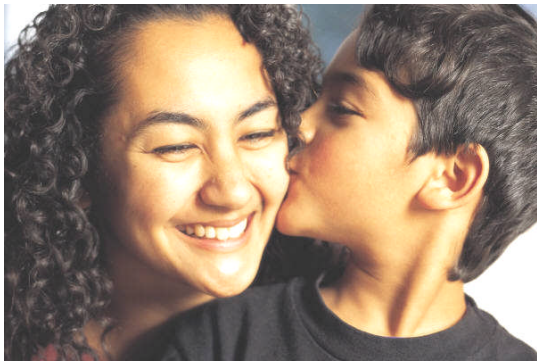
*A certified Healthy
Carolinians Task Force*



**Together,
We Can Improve
the Quality of Life
in Our Community**

What is the Healthy Community Coalition?

The Forsyth County Healthy Community Coalition seeks to improve the quality of life of people in Forsyth County by focusing on long-term, system-level solutions. Coalition members work to implement policies that will make this community a healthier place to live.



We need YOU

Individual people working together can make change happen. Together, we **can** make this a healthier community.

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

Margaret Mead

Improving our Community

The choices individual people make about their health and behavior are important parts of having a healthy community. Yet, decisions made at broader community levels that support people's health and well-being can impact community health on a much larger scale.

The Forsyth County Healthy Community Coalition is working on policy and system-level change to support the programs and services offered in Forsyth County. **We seek to create an environment that makes healthy choices easier and possible for *all* residents of our community.**

